




Protective factors for lesbian, gay and bisexual youth


Minnesota's at-risk youth

LGB youth report higher levels of **SUBSTANCE USE** and **MENTAL HEALTH ISSUES** due to a variety of individual, family, peer and social risk factors.

 2x more likely to **DRINK** in the past month

 2.5x more likely to use **MARIJUANA** in the past month

 3x more likely to misuse **Rx DRUGS** in the past month

 4x more likely to consider **SUICIDE** in the past year

 4.5x more likely to engage in **SELF-HARM** in the past year

 2.5x more likely to experience **DEPRESSION** in the past year

Care and support in LGB youth lives can help buffer the risks

