



Substance Abuse Prevention

This fact sheet provides county level data on substance use and related factors to help guide decisions about prevention efforts. These data can be used to justify need for prevention funding, monitor substance-related trends, and plan programs and initiatives by establishing community level prevention priorities.

According to 2016 estimates from the U.S. Census Bureau, Lake County has 10,625 residents; 18% are under the age of 18.

Adult Substance Use

According to the 2015 Minnesota Survey on Adult Substance Use (MNSASU):

- Past-month binge drinking (women having 4+ drinks or men having 5+ drinks in a row on one occasion) was reported by 11% of adults in the Southwest region and 14% of Minnesota adults.
- Past-month cigarette smoking was reported by 16% of Southwest adults and 16% of Minnesota adults.
- Past-month marijuana use was reported by 2% of adults in the Southwest region compared to 5% of adults statewide.

Consequences

Alcohol

- The DWI arrest rate for Lake County residents was 45.1 per 10,000 population in 2015, with an average of 65.6 from 2006 to 2015. The state's average was 57.0 (Minnesota Office of Traffic Safety, DPS)
- In 2015, 7.8% of motor vehicle crashes in Lake County were alcohol-related, compared to 4.7% throughout the state (*Crash Facts*, DPS)

Tobacco

- The lung, bronchus and trachea cancer death rate for Lake County averaged 6.9 per 10,000 population from 2006 to 2015, compared to the state average of 4.5 (Minnesota Center for Health Statistics, MDH)

Drugs

- From 2000 to 2015, there were 3 opioid deaths (non-exclusive) in Lake County. Over that same 15-year period, there were no heroin deaths in Lake County (Minnesota Center for Health Statistics, MDH)
- In 2015, there were 1 arrests for opium or cocaine in Lake County, and no arrests for marijuana, synthetics, or other drugs (*Minnesota Crime Information*, DPS)

SUMN.org

SUMN is a one-stop-shop for data, tools, and prevention resources. Visitors can search county, regional, and state level data by topic, by location, and by demographics. View and download data products, such as this fact sheet, and find tips on finding and using data.

- Use the 'Data by Topic' search function to access county level data, by grade and gender, for all measures included in this fact sheet.

For more information on alcohol, tobacco, and other drug use, consequences, contributing factors, and treatment, as well as mental health data, visit SUMN.org

Contact Us

For questions or more information regarding the State Epidemiological Outcomes Workgroup or SUMN.org, please email: info@sumn.org

To contact the Regional Prevention Coordinator for your region, please visit: www.rpcmn.org